

2000 MSHSL Section 7AA

Teams: Cambridge-Isanti 87, Duluth East 82, Hibbing 77, Forest Lake 69, Grand Rapids 68, Duluth Central 64, Proctor 50½, Chisago Lakes 48, North Branch 43, Princeton 33, Duluth Denfeld 26, Cloquet 20, St Francis 20, Mora 13.

100 Meter Dash

- 1 Rolando Peco, Dul Central 10.85
- 2 Andy Stokes, Hibbing 11.20
- 3 Preston Treichel, Cambridge 11.28
- 4 Dana Benton, Grand Rpds 11.32
- 5 Justin Martin, Forest Lk 11.58
- 6 Joe Goldfine, Dul East 11.73
- 7 Marco Kelly, St Francis 11.92
- 8 Ben Schumacher, Dul Central 11.97

200 Meter Dash

- 1 Rolando Peco, Dul Central 21.77
- 2 Preston Treichel, Cambridge 22.46
- 3 Dana Benton, Grand Rpds 22.64
- 4 Jason Schweitz, Forest Lk 23.01
- 5 Jesse Morgando, Proctor 23.26
- 6 Dylan Adair, Chisago Lks 23.49
- 7 Dennis Jacobson Denfeld 24.52
- 8 Marco Kelly, St Francis 24.63

400 Meter Dash

- 1 Justin Miller, Forest Lk 50.72
- 2 Joel DeMaris, Hibbing 50.86
- 3 Dennis Jacobson, Denfeld 50.88
- 4 Dylan Adair, Chisago Lks 51.16
- 5 Tony Roman, Duluth East 52.09
- 6 Nick Wolcin, Cambridge 52.49
- 7 Chris Swenson, Cambridge 53.31
- 8 Derek King, Grand Rpds 53.40

800 Meter Run

- 1 Bill Bowser, Chisago Lks 1:56.33
- 2 Nathaniel Gilkerson, North Branch 1:59.68
- 3 Ed Osterhoudt, Hibbing 2:01.56
- 4 Bjorn Batdorf, Dul East 2:01.58
- 5 Rob Winterfeld, Cambridge 2:02.02
- 6 Ben Frost, Denfeld 2:02.40
- 7 Caleb Keppler, Proctor 2:03.82
- 8 Bud Trnka, Dul Central 2:03.96

1600 Meter Run

- 1 Grant Johnson, Dul East 4:27.30
- 2 Nate Coleman, Grand Rapids 4:29.88
- 3 Simon Sandvik, Denfeld 4:30.36
- 4 Kris Jackson, Proctor 4:32.77
- 5 Robert Berger, Cambridge 4:33.80
- 6 Matt Stignani, Chisago Lks 4:38.06
- 7 Casey Rutherford, Grand Rpds 4:38.38
- 8 Jay Peterson, Dul East 4:41.63

3200 Meter Run

- 1 Grant Johnson, Dul East 9:39.55
- 2 Robert Berger, Cambridge 9:40.58
- 3 Joel Reasoner, Cambridge 9:55.44
- 4 Austin Miller, Hibbing 9:57.27
- 5 Ben Frost, Denfeld 10:07.73
- 6 Casey Rutherford, Grand Rpds 10:09.74
- 7 Simon Sandvik, Denfeld 10:12.89

- 8 Chris Pappas, Cloquet 10:22.49

High Hurdles

- 1 Isaac Spears, Dul East 14.89
- 2 Tim Hurst, Grand Rapids 15.51
- 3 Nick Hoffman, Proctor 15.58
- 4 Joe Gustafson, Forest Lake 15.67
- 5 Jason Hawthorne, Chisago Lks 15.75
- 6 Mike Bildeaux, Grand Rpds 15.77
- 7 Mike Brockner, Mora 15.90
- 8 Ben Shaner, Grand Rpds 16.54

Intermediate Hurdles

- 1 Isaac Spears, Dul East 40.37
- 2 Jason Hawthorne, Chisago Lks 40.43
- 3 Mike Bildeaux, Grand Rpds 41.07
- 4 Tim Hurst, Grand Rpds 41.82
- 5 Ben Shaner, Grand Rpds 41.95
- 6 Joe Gustafson, Forest Lake 43.25
- 7 Tyler Kimber, Cloquet 43.38
- 8 Matt Minck, Dul East 43.90

4x100 Relay

- 1 Hibbing (John Ellich, Andy Stokes, Rich Weber, Will Senich) 44.52
- 2 North Branch 44.99
- 3 Grand Rpds 45.71
- 4 Forest Lake 45.93
- 5 Cloquet 45.96
- 6 Princeton 46.01
- 7 Mora 46.09
- 8 St Francis 46.56

4x200 Relay

- 1 Cambridge (Peter Eicher, Kyle Peterson, Mark Eicher, Preston Treichel) 1:32.15
- 2 Duluth East 1:32.45
- 3 Forest Lake 1:32.77
- 4 Proctor 1:33.66
- 5 Hibbing 1:33.86
- 6 North Branch 1:35.35
- 7 Grand Rpds 1:35.79
- 8 Mora 1:35.84

4x400 Relay

- 1 Dul Central (Adam Huot, Bud Trnka, Ben Schumacher, Rolando Peco) 3:28.55
- 2 Hibbing 3:29.86
- 3 Cloquet 3:30.87
- 4 Chisago Lks 3:31.40
- 5 North Branch 3:31.54
- 6 Denfeld 3:31.97
- 7 Cambridge 3:32.91
- 8 Dul East 3:34.14

4x800 Relay

- 1 Cambridge (Chris Swenson, Eric Hermes, Joel Reasoner, Rob Wintefeld) 8:07.74
- 2 Dul Central 8:10.19
- 3 Hibbing 8:12.04
- 4 Duluth East 8:28.06
- 5 St Francis 8:30.17
- 6 Mora 8:30.40
- 7 Forest Lake 8:32.15
- 8 North Branch 8:41.81

Shot Put

- 1 Perrin Werner, Proctor 53-10 ½
- 2 Erik Sundquist, Proctor 51- 3 ½
- 3 Joe Remitz, North Branch 50-8 ½
- 4 Kevin Holubar, Dul Central 50-3

- 5 Beau Oehlke, Cambridge 49-6 ½
- 6 Andy Carlisle, Forest Lake 47-6 ½
- 7 Jordan Cohen, Dul East 47-6 ¼
- 8 Josh Davis, Forest Lake 47-3 ½

Discus Throw

- 1 Perrin Werner, Proctor 165-0
- 2 Erik Sundquist, Proctor 157-11
- 3 Kevin Holubar, Dul Central 157-2
- 4 Beau Oehlke, Cambridge 151-2
- 5 Jordan Cohen, Dul East 148-4
- 6 Ian Gilquist, Forest Lk 143-9
- 7 Luke Erickson, Grand Rapids 136-9
- 8 Adam Oling, Dul Central 132-7

Long Jump

- 1 Rolando Peco, Dul Central 23-0 ¾
- 2 John Ellich, Hibbing 20-5
- 3 Bob Smith, Proctor 20-3
- 4 Mike Prockiner, Mora 20-1
- 5 Bob Fisk, North Branch 19-10 ¾
- 6 Isaac Spears, Dul East 19-10
- 7 Tyler Anderson, Forest Lake 19-9 ½
- 8 Charlie Forsythe, Proctor 19-8 ¾

Triple Jump

- 1 Rylan Klatt, Cambridge 42-11 ¾
- 2 Rich Weber, Hibbing 42-3 ½
- 3 Jeff Krohn, Cloquet 41-4 ¼
- 4 Will Peterson, Dul East 41-3 ¾
- 5 Aaron Korthals, Forest Lk 40-8 ½
- 6 Matt Herrick, Dul Central 40-4 ¾
- 7 Nathan Peterson, Proctor 40-2
- 8 Jason Schweitz, Forest Lk 40-0 ¾

High Jump

- 1 Steve Schreiber, Chisago Lks 6-6
- 2 Ian McVey, Princeton 6-4
- 3 John Ellich, Hibbing 6-2
- 4 Bob Fisk, North Branch 6-0
- 5 Brian Perrault, North Branch 6-0
- 6 Chuck Zins, St Francis 5-10
- 7 Ryan Callahan, Cambridge 5-10
- 8 Jeff Krohn, Cloquet 5-10

Pole Vault

- 1 Mike Keller, Forest Lk 13-8
- 2 Rick Bittner, St Francis 12-8
- 3 Jesse Budmir, Grand Rapids 12-8
- 4 Matt Lovgren, Forest Lk 12-4
- 5 Adam Knight, Proctor 12-4
- 6 Steve Stelmack, Cambridge 12-4
- 7 Eric Yamry, Proctor 11-6
- 8 Brian Sworsky, St Francis 11-6

Notes: (Duluth News-Tribune 6/4/2000)